

**LOOKING DYING IN THE EYE**

- Do you compare your health with your peers, to show how well your health is holding up?
- What skills and abilities have you lost to a significant extent as you got older?
- Where would you like to go – places to visit, go back to etc. – whilst you can enjoy them?
- Whom would you like to see before you die?
- Have you made a will?
- If you have, is it up to date?
- Can you talk about dying to other people?
- Do you mind other people talking about dying?
- Have you talked about arrangements for your funeral?
- About the disposal of your worldly goods?
- Have you discussed these issues with your relatives?
- Have you talked to your friends about these issues?