

MY HOSPITAL LIST	
ITEM	PACKED?
REGISTERED POWER OF ATTORNEY	
ADVANCE DECISION	
MEDICATION LIST	
Your medications	
Toiletries	
Cosmetics	
Toothpaste & brush	
Deodorant	
Wet wipes (it's usually hot in hospitals)	
Comb, hairbrush etc.	
Clothes	
Slippers and shoes	
Your mobile phone and its charger	
Books and magazines	
Portable radio	
Earphones	
Your favourite Good Luck mascot	
Money for newspapers and sweets	
Your address book	
Glasses (if applicable)	
Hearing aids and batteries (if applicable)	
Zimmer frame/walking stick	
Incontinence pads	
Small amount of money for papers, chocs etc.	
Plastic carrier bags – to take dirty washing etc	
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